be the CHaNGE

LGBTQA+ Resource Center

Resource Guide

Updated January 2018
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UNL Resources

**Gender Inclusive Housing**
UNL has implemented a gender-inclusive housing policy. Any student who identifies as LGBTQA+ is eligible to apply.

**LGBTQ/Sexuality Studies**
A minor in LGBTQ/Sexuality Studies is available through the [Women’s and Gender Studies Program](#) at UNL (327 Seaton Hall). Please contact Rose Holz, rholz2@unl.edu or 402-472-9392.

**Listservs/Social Media**
Email lists you can join for news, discussion, and event information:

- **Committee for GLBT Concerns (CGLBTC)**
  - ALLY
  - LGBTQA+ Resource Center (campus information and programming)
  - LGBTQNews (campus and community events and information)

To be added to any of the listservs listed, please email lgbtqa@unl.edu or ptetreault1@unl.edu.

**Follow the LGBTQA+ Resource Center on:**
- Facebook: facebook.com/lgbtqaUNL
- Twitter: @LGBTQARCC
- Tumblr: lgbtqarc- unl.tumblr.com
- Instagram: @UNLLGBTQA

**RSOs**
RSOs are [Recognized Student Organizations](#) on UNL.

There are four LGBTQA-centric RSOs on campus:

- **Allies and Advocates for LGBT Equality** – An RSO at the UNL College of Law whose mission is to raise awareness, educate, and advocate for the LGBTQ community.
- **The Change** – An RSO of LGBTQA+ Resource Center volunteers.
- **oSTEM@UNL** – The UNL branch of Out in Science, Technology, Engineering & Mathematics.
- **Spectrum UNL** – A social involvement LGBTQA+ group, located in 234 Nebraska Union.

You can find more information about joining these RSOs at [NvolveU 2.0](#).

**Facebook Groups**
There are two Facebook groups for LGBTQA+ students and alumni of UNL. You may send a request to join if you fit the criteria of the group.

- **UNL LGBTQA+ Grad and Non-Trad Student Group**
- **UNL LGBTQA Alumni**

**The Pat Tetreault & PFLAG Lincoln LGBTQA+ Student Emergency Fund**
The LGBTQA+ Resource Center assists students who experience a financial emergency or unanticipated expenses causing short-term financial hardship that requires immediate attention to keep a student in college. This fund is designated to assist LGBTQA+ students or student supporters/those who are allied to the LGBTQA+ community who are not reasonably able to resolve their financial difficulty through scholarships, loans, or other Financial Aid awards. This fund is being administered by the LGBTQA+ Resource Center in accordance with applicable University rules and policies. University Foundations, in partnership with PFLAG Lincoln and the LGBTQA+ Resource Center, has established a fund designated to address the needs of LGBTQA+ students and allies.

The Pat Tetreault/PFLAG-Lincoln Emergency Fund’s purpose is to help pay actual expenses. The fund is not a loan and does not need to be repaid.
Student Eligibility:
- Applicants must have a short-term financial hardship, such as an emergency, accident, or other unexpected incident.
- Must have exhausted all financial aid options (including loans).
- Is impacted as a member of the LGBTQA+ community or as a supporter of the LGBTQA+ community (e.g., they have lost some financial support as an ally.)
- Must have a record of good conduct.

Amount: Student Emergency Fund awards are made to reimburse students for actual expense, so the amount will vary, up to $750. Students will be awarded at most one Student Emergency Fund per academic year. Payment will be made to cover the expense. Money will not be given directly to an individual.

Eligible Expenses: Any unanticipated or unusual expenses outside of the typical budget will be considered. Student Emergency Funds are not intended for tuition or student fees unless an emergency has occurred where one semester of tuition and/or fees need help being paid. Each case will be considered on its own merits. These are limited, non-state dollars acquired through donations to the University Foundation specifically for this fund.

University Health Center (UHC)
1500 U Street on the City Campus
402-472-5000
Free HIV testing is available on Mondays and Thursdays, noon to 2 p.m. in Selleck, Room 7018 on campus. Call the UHC for current information.
For students interested, the University Health Center does prescribe PReP, a daily medication that significantly lowers a person’s chance of contracting HIV. For more information, contact the health center.
The UHC also provides free safer sex supply kits, as well as information on how to use them and other important safer sex tips.

For health services available at the UHC for transgender students, please refer to our trans guide below.

UNL Police Department LGBT Liaisons
Sgt. Doug Petersen and CSO Beth Hagemeyer
402.472.2222
dpetersen3@unl.edu

UNL Counseling and Mental Health Resources

Dr. Scott Winrow
UHC Counseling and Psychological Services (CAPS)
University Health Center, second floor
(402) 472-7450
Scott Winrow is the CAPS Liaison for LGBTQA+ students. Any students interested in LGBTQA+ related support groups, please contact Dr. Winrow.

Rainbow Clinic
325 Burnett Hall
(402) 472-3251

The Women’s Center
340 Nebraska Union
Victim Advocate through the Women’s Center: (402) 472-0203

Psychology Training Clinic
Teachers College 49
(402) 472-1152
Employee Assistance Program (EAP)
(402) 472-3107
1-800-755-2655 (outside Lincoln)
EAP services are available to faculty, staff, spouses and domestic partners (living in the same household). EAP is located in the 501 Building on city campus.

Resources in Lincoln, NE

Asexuals of Lincoln
asexualsoflincoln@gmail.com
A support group for asexuals and aromantics in Nebraska, based out of Lincoln.

Lincoln Bi Community
lincoln.bi.community@gmail.com
A group for bi, pan, queer, and questioning people. They meet for coffee and community every 3rd Monday evening and for occasional special events. Email or visit the Lincoln Bi Community Facebook page if you have any questions or want to know the next meeting place.

Outlinc
Outlinc has a listserv, sponsor activities, a calendar of events and business directory online. Outlinc works to make Lincoln a better place to live, work, and play for LGBT folks and allies. Also check out their resource directory!

Parents of Gender Creative and Trans Kids
parentsofgfkids@gmail.com
Join other parents of gender non-conforming children for support and conversation. Parents of children of all ages are welcome to attend...from pre-school to adult. Please email to find out about meetings.

PFLAG Lincoln
PFLAG Lincoln meets on the 4th Tuesday of the month at 7 pm at the Unitarian Church in Lincoln, 63 & A Street. There is a social half hour at 6:30 pm, a program at 7 pm, and support groups for those who want to participate at 8 pm. The meeting is over at 9 pm. The July and November meetings are monthly Potluck at 6 pm at the Unitarian Church, followed by the LGBT Welcoming Committee Coffee House and Game Night..

Star City Pride
info@starcitypride.org
The mission of Star City Pride is to educate and raise awareness of the general public to the presence of lesbian, gay, bisexual, and transgender individuals in their communities; to foster an understanding and acceptance of such individuals so as to eliminate prejudice and discrimination, and to defend human and civil rights; to sponsor and promote educational programs and events, including an annual pride festival to foster such understanding and to celebrate the diversity within communities so as to ultimately achieve unity, harmony, and equality.

TransLNK
TransLNK’s purpose is to provide support and resources to transgender, non-binary, and gender non-conforming individuals. They provide support and information by working to link transgender, non-binary, and gender non-conforming individuals to resources that might benefit them, be they economic or health related, and by hosting community events and encouraging community involvement to help bring individuals together, with a belief that support is naturally born out of community.

LPD LGBT Liaison
Captain Margin Fehringer #801
Lincoln Police Department
441-7562
575 South 10th Street, Lincoln NE 68508
http://lincoln.ne.gov/city/police/teams/ne/801info.htm
Voices of Hope
2545 N Street
Lincoln, Ne 68510
Office: 402-476-2110
Crisis Line: 402-475-7273
info@voicesofhopelincoln.org
Voices of Hope provides services to empower those who have experienced relationship violence, sexual assault and related forms of abuse. Their services are free and confidential to victims of these crimes as well as their family members.

The Black Cat House
contact@theblackcathouse.org
The Black Cat House is an organization dedicated to educating each other and the community about oppressive power structures, and how to dismantle them.

Common Root Mutual Aid Center
Common Root is a non-profit dedicated to providing a welcoming, supportive community space with resources for the purpose of mutual inspiration, education and connection.

KZUM Community Radio 89.3 FM radio
Wimmins Show, Sundays Noon – 2:00 PM
Lavender Hill LGBT radio show, Sundays 11:00 AM – Noon

Health Resources in Lincoln, NE

CenterPointe 24-hour Crisis Line
402-475-6695

Planned Parenthood of the Heartland
Lincoln South Health Center
5631 S. 48th Street, Suite 100
Lincoln, NE 68516
877-811-7526 or 402-441-3337

Nebraska AIDS Project (NAP)
1120 K Street, Suite 100
402-476-7000
Free, confidential, & anonymous HIV testing
Provides services for individuals living with HIV/AIDS.

Positive Living
positiveliving@outlinc.org
A peer support group for people of all orientations and identities who are affected by HIV. 3rd Monday of each month. 6 PM. Dinner provided. Email to RSVP and for meeting location.

Rainbow AA Group
Monday nights, St. Matthews, 24th & Sewell, 7:30 PM. Non-smoking.

Hope Lives Here
A closed AA Big Book Study meeting for LGBTQ members
For more information, contact:
Amos: 402-540-7685
Margie: 402-480-9974

Additional community referrals are also available through the LGBTQA+ Resource Center. Contact lgbtqa.library@unl.edu for more information.
Faith-Based LGBTQ+ Community Groups in Lincoln, NE

Plymouth Pride

Unitarian Church of Lincoln LGBTA Welcoming Committee

VERGE: Vine Embracing Respect & Greater Equality

For information about LGBTQ+ welcoming congregations, please email the Resource Coordinator.

Resources in Omaha, NE

GLSEN Omaha Chapter
omaha@chapters.glsen.org

Greater Omaha GLBT Network (GOglbt)

Heartland Pride Omaha

Midlands Sexual Health Research Collaborative

Omaha GLBT Sports League

Open Arms Trans Social Group

PFLAG Omaha
402-291-6781
info@pflag-omaha.com

Pride Players

River City Gender Alliance (RCGA)

River City Mixed Chorus: Omaha’s GLBTA Chorus

Second Unitarian Church of Omaha

Nebraska Resources

ACLU Nebraska

Human Rights Campaign (HRC) Nebraska

Professional Transgender Resource Network of Nebraska

Hastings PFLAG

PFLAG Kearney
Midwest Resources

Iris Phoenix Scholarship

Midwest Bisexual Lesbian Gay Transgender Ally College Conference (MBLGACC)

Equality Iowa

LGBT Resource Center – University of Iowa
319-335-7123
lgbtrc@uiowa.edu

Iowa State University Center for LGBTQIA+ Student Success

Oneiowa
515-288-4019
info@oneiowa.org

Trans Guide

This site offers transgender and gender non-conforming students resources and advice to help ensure that all students of all gender identities and expression have a productive and enjoyable experience at UNL.

Gender Inclusive Restrooms, Lockers, and Changing Facilities
Many buildings at the University of Nebraska-Lincoln have gender inclusive restrooms. Below is a list of public gender-inclusive/all gender restrooms available on the UNL campus. All of the gender-inclusive/all gender restrooms listed are one-room or one-stall facilities with locks that can be used as changing facilities.

<table>
<thead>
<tr>
<th>City Campus Building</th>
<th>Room Number</th>
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</thead>
<tbody>
<tr>
<td>Adele Hall Learning Commons</td>
<td>104</td>
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<tr>
<td>Andersen Hall</td>
<td>126F, 127</td>
</tr>
<tr>
<td>Andrews Hall</td>
<td>E108</td>
</tr>
<tr>
<td>Beadle Center</td>
<td>135</td>
</tr>
<tr>
<td>Campus Rec</td>
<td></td>
</tr>
<tr>
<td>Canfield Administration Building</td>
<td>Gender Inclusive Changing Facility</td>
</tr>
<tr>
<td>Ferguson Hall</td>
<td>206A</td>
</tr>
<tr>
<td>Harper Hall</td>
<td>01, 106</td>
</tr>
<tr>
<td>Howard L. Hawks Hall</td>
<td>005B, 108C, 507D</td>
</tr>
<tr>
<td>Jackie Gaughan Multicultural Center</td>
<td>116, 148</td>
</tr>
<tr>
<td>Kauffman Academic Residential Center</td>
<td>15.1, 15.2</td>
</tr>
<tr>
<td>Lied Center</td>
<td>111</td>
</tr>
<tr>
<td>Love Library</td>
<td>449.3</td>
</tr>
<tr>
<td>Mabel Lee Hall</td>
<td>125.1, 214</td>
</tr>
<tr>
<td>Morrill Hall</td>
<td>208C, 208D</td>
</tr>
<tr>
<td>Nebraska Hall</td>
<td>504</td>
</tr>
<tr>
<td>Nebraska Union</td>
<td>124</td>
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<tr>
<td>Outdoor Adventures Center</td>
<td>111</td>
</tr>
<tr>
<td>Raymond – Neihardt Residential Center</td>
<td>107B</td>
</tr>
<tr>
<td>Scott Engineering Center</td>
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<td>Seaton Hall</td>
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<tr>
<td>University Health Center</td>
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</tr>
<tr>
<td>University Housing Office</td>
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</tr>
<tr>
<td>Willa S. Cather Dining Complex</td>
<td>129</td>
</tr>
<tr>
<td>Woods Art Building</td>
<td>105B</td>
</tr>
</tbody>
</table>
Student Housing

Gender-Inclusive Housing
A gender inclusive housing option is available to students at UNL. Any student who identifies as LGBT+ is eligible to apply. For more information on the policy and its full wording, please click on Gender Inclusive Housing link above.

Gender Inclusive Housing (GIH) provides a living environment on campus where a student can room with any other student regardless of sex assigned at birth, gender identity/expression, or sexual orientation.

The form to fill out is available here. If you have any questions or need clarification, please contact Adam Fitzwater, Assistant Director of Residence Life for Student Leadership Development and Diversity Initiatives at afitzwater2@unl.edu or by phone at (402)-472-7053. Students may also contact the LGBTQA+ Resource Center at (402)-472-1652 or lgbtqa.library@unl.edu.

On-Campus Residency Requirement
All incoming students under the age of 19, or students who have not completed or transferred 27 or more accepted semester hours of post-secondary education prior to the first day of fall semester classes are required to live in University-approved on-campus housing.
For detailed information, and to learn about exemptions to this policy, visit this website: http://housing.unl.edu/residency-requirements

Other Options
For students who are unable or do not wish to apply for gender-inclusive housing, there are other options available listed below.

Single-room Residence Hall Housing
Single rooms are available in the following traditional residence halls:

- **Selleck** - Limited number of single rooms available. Shared gender-specific restrooms on each floor. Academic year and summer contracts available. Coed building. Freshmen, upper class, and graduate students. Academic year and summer contracts available.
- **Smith** - Limited number of single rooms available. Shared gender-specific restrooms on each floor.

Suite-style Housing
There are three suite-style residence halls located on City Campus, available to freshmen and upper class and non-traditional students:

- **Knoll Residential Center** - Fully furnished with snack prep area and living area. Restroom in the suite. Coed building, but residents living within a double bedroom suite (4 students in a suite, 2 bedrooms) or a single bedroom suite (4 students in a suite, 4 bedrooms) unit must be of the same biological sex.
University Suites - Fully furnished with snack prep area and living area. Restroom in the suite. Coed building, but residents living within a double bedroom suite (4 students in a suite, 2 bedrooms) or a single bedroom suite (4 students in a suite, 4 bedrooms) unit must be of the same biological sex.

Eastside Suites - Fully furnished with snack prep area and living area. Restroom in the suite. Coed building, but residents living within a double bedroom suite (4 students in a suite, 2 bedrooms) or a single bedroom suite (4 students in a suite, 4 bedrooms) unit must be of the same biological sex.

Apartment-style Housing
There are two apartment-style residence halls located on City Campus, available only to upper class, graduate and non-traditional (20 yrs or older) students:

The Courtyards - Fully-furnished 4 and 2 bedroom units with full kitchen and living area. Restrooms are shared with one other resident. 12 and 9 month contracts available. Coed building, but residents living within a 4 or 2 bedroom unit must be of the same legal sex.

The Village - Fully-furnished 4 and 2 bedroom units with full kitchen and living area. Restrooms are shared with one other resident. Academic year contracts available. Summer contracts occasionally available. Coed building, but residents living within a 4 or 2 bedroom unit must be of the same legal sex.

Other Single-room Options
Husker Hall - Coed housing facility located on 23 St. and Vine St. (3 blocks from City Campus), available for graduate and non-traditional (23 yrs or older) students at UNL. All rooms are singles, with shared kitchen facilities available. Free shuttle service to city and east campuses. Only one occupant per room. Academic year and summer contracts available.

Massengale Residential Center - Located on East Campus. Free shuttle service to City and East campuses. Both traditional singles and apartment style housing is available on a first come, first served basis.

Family Housing
UNL provides apartment-style family housing units to single full-time students residing with dependent children, and legally married couples (with a marriage certificate recognized as legally binding by the State of Nebraska). Undergraduates must be enrolled for 12 credit hours during each regular academic semester. No hours are required during the summer months if the tenant is pre-registered for a full academic load for the fall semester. Graduate Students enrolled for fewer than 9 hours must submit a letter from their department chairperson indicating that they are considered a full-time student in that department. This letter need not be submitted until an apartment is offered and accepted by the student.

Off-campus Housing
There are many apartments and rental housing available around both City and East Campus. The Association of Students of the University of Nebraska (ASUN) provides tips and resources for those who are seeking off-campus housing. Visit the ASUN’s student legal services page for more information. https://asun.unl.edu/student-legal-services/welcome
UNL Health & Counseling Services

**University Health Center**
The University Health Center (UHC) staff is committed to providing LGBTQA-friendly health services to students, staff, and faculty. Students get primary medical care clinic visits at no charge. Other services are at reduced cost for students. The UHC requires that all medical forms have legal sex and name information for insurance purposes. However, you may also choose to identify your chosen name, pronouns, and gender. These will be entered into your medical record so that staff at the UHC can correctly and respectfully address you. Information on faculty and staff services can be found here: https://health.unl.edu/faculty-staff-services

**Transgender Care Clinic**
The UHC offers a specialty clinic on issues related specifically to transgender care. This includes; initiating and monitoring hormone therapy, filling hormone prescriptions, and referrals to institutions that offer gender affirming surgery and post-operative management. This service is provided by Dr. Jean Amoura.

Fourth Wednesday of each month, 1:45 to 4 p.m.
By appointment only
To schedule an appointment, call: 402-472-5000
Referral is not required.
Patients under 19 will need to establish a relationship with a mental health provider before starting gender-related treatments at the transgender care clinic.

**Counseling and Psychological Services**
The UHC also provides confidential Counseling and Psychological Services (CAPS) for all students, and at reduced cost to students taking seven or more credit hours. The first three counseling visits are free of charge for all students, and all following visits are based on an hourly rate. There is a charge for all visits with a psychiatrist.

CAPS is located on the second floor of the University Health Center (1500 U St.). Call (402) 472-5000 to schedule an appointment.

All CAPS services are confidential. All records are accessible only to CAPS staff. Records are accessible to other University Health Center medical providers on an as-needed basis only. Information is released only with the written consent of the client, except as required by law.

CAPS forms have a “Transgender” option for designating gender.

In order to get a prescription for hormones, health care providers often require a letter of referral from a qualified and licensed counselor.

Dr. Scott Winrow provides counseling surrounding issues of gender, sexuality and transition. Call (402) 472-7450 to schedule an appointment.

You can also look through the other counselors available at CAPS for additional choices

**University Health Center Pharmacy**
The UHC Pharmacy will order hormones for students, staff and faculty with a valid prescription. Prices are comparable to, and usually lower than, community pharmacies.
Student Health Insurance
UNL offers medical and dental insurance to all students, provided by UnitedHealthcare StudentResources. The insurance covers 100% of all University Health Center (UHC) services with a reduced pharmacy plan for medications from the UHC Pharmacy. Graduate students with Graduate Assistantships are automatically enrolled in this program. Please see the UHC website for premiums and coverage details.

The student health insurance offered through UNL includes coverage for transitional care, including hormone therapy and gender-affirming surgeries.

UHC Student Advisory Board
The University Health Center Student Advisory Board (UHCSAB) is a group of selected students with the responsibility of representing the student body to the UHC and presenting the health concerns of the university community. The SAB makes recommendations to the UHC staff and the UNL Administration. If you would like to see more trans-oriented services offered, we welcome you to attend the meetings and voice your opinion. If you would like to be on the SAB, selections are normally made at the end of the fall semester.

Local Transitional Health Care
For other trans-friendly health care services in Lincoln, including counseling, medical care, and providers for gender affirming surgeries, please contact the resource coordinator at lgbtqa.library@unl.edu or call the Director of the LGBTQA+ Resource Center at 402.472.1752.

Changing Records
This provides information on options and processes for students wanting to use a chosen name, change their legal name, or change their legal sex on university forms and records.

Any student who goes by a chosen name (or a name in use other than their legal name) is able to add that name in Peoplesoft through myred.unl.edu. Their chosen name will show up on class and grade rosters, in the UNL Directory, and on Blackboard. Diplomas may have a different name that is easily associated with your legal name (e.g., Charles can be Chuck or Samantha can be Sam but Jennifer cannot be David).

Transcripts and Registration Records
To change the name or legal sex on university records, bring legal documentation to Office of the University Registrar, 107 Canfield Administration Building South. Legal documentation can be an amended driver’s license, an updated birth certificate, a court order indicating a legal name change, and/or a passport reflecting the changes. Contact Student Services (402) 472-3635) for up-to-date information on requirements.

N Cards
NCards are now available with chosen name on the front of the card, and legal name on the back. For new students with a chosenname in the system (through adding it through myred.unl.edu), the name will be available on the first card acquired. Replacing an NCard to reflect a recently changed chosen name requires a $15 replacement fee.

New NCards reflecting legal name changes are available at no cost. New NCards simply reflecting change in appearance (expression/presentation), meaning ones with new pictures, are available from the NCard office for $15. The NCard Office is located in the first floor of the Nebraska Union.

Changing Driver’s Licenses Issued in Nebraska
For the state of Nebraska, the applicant must submit a Certification of Sex Reassignment form completed by a physician. The form states: ‘I certify that the above named applicant has undergone the necessary sex reassignment procedures required for social gender recognition and is requesting that a driver license/ID card be issued.

Note that people who change their legal sex from female to male are required to sign up for selective services after getting their legal gender marker changed on their driver’s license. However, they can be exempted from this by presenting their unchanged, original birth certificate.
For information on changing your driver’s license in other states, please see this guide: **Driver’s License Policies by State**

**Changing Birth Certificates Issued in Nebraska**

For information on changing your birth certificate in other states, please see this guide: **Changing Birth Certificate Designations: State-by-State**

For those born in Nebraska, the state will issue a new birth certificate reflecting a change of name and legal sex rather than amending an existing one. To change legal sex, a letter from an SRS (Sex Reassignment Surgery) surgeon is required. To change name, an original or certified copy of the court order indicating a name change is required.

Contact the Nebraska Department of Health and Human Services Office of Vital Records below:

Nebraska Department of Health & Human Services
Division of Public Health
Vital Records
P.O. Box 95065
Lincoln, NE 68509-5065

Please note that if you are changing your legal sex designation from female to male, you may be contacted by the Federal government to sign up for selective services. You must submit a copy of your unchanged birth certificate in order to avoid signing up for selective services or being charged with a crime for not signing up.

**Passports**

As of June 10, 2010, sex reassignment surgery is no longer required by the U.S. Department of State to change the gender marker on a U.S. passport or passport card. A letter of certification and support from an attending physician is required, as well as an application for a new passport. Visit the U.S. Department of State website for more information and to see how to apply. The Lincoln Post Office on 700 R Street has passport applications, and passport.unl.edu has more information.

**Social Security Cards**

In order to change your legal name on your social security card, you need to have a copy of the court order declaring your legal name change and another form of United States government-issued identification document, such as a driver’s license, a U.S. passport, or a state ID that isn’t a driver’s license.

You can either mail your documents with the accompanying form (linked below) to the social security administration, or go to the social security office in-person. It will take longer to receive your updated social security card if you mail in the documents. After the social security office receives the necessary documentation, you will receive your updated social security card in the mail, so be sure that your address is correct. Keep in mind too that you need an updated social security card in order to properly track your earnings so that they are correctly credited to you.

For further information on the process, please see the United States Social Security Administration’s website or Socialsecurity.gov

**Out & Allied**

We have an [http://involved.unl.edu/out-ally-list](http://involved.unl.edu/out-ally-list) out ally list, where we list our supporters’ names and departments or organizations on campus. When individuals pick up a safe space or ally card we ask them to sign for the card, provide an email contact, and the location that the card will be posted. We also provide the opportunity to subscribe to one of our listservs, ask questions or receive other relevant information.

If you have comments, suggestions, or questions or would like more information or materials related to creating creating inclusive spaces, ally development, brave space, or social justice supporters, please contact Pat Tetreault, Director of the LGBTQ+ Resource Center at UNL. Materials and workshops related to these topics are available.
Lincoln and UNL LGBTQ+ History

■ 1970
• Lou Crompton organizes interdisciplinary course in Gay Studies, the second such course to be given at an American university.

■ 1971
• Lincoln Gay Action Group starts in January, with student president, Joe Creason. Gay and lesbian students, led by Joe, met in October 1970 to form a group, but did not ask for formal recognition till January 1971. Lou Crompton served as the advisor for the Gay Action Group and the UNL Gay/Lesbian Student Association.

■ 1985
• ASUN is asked by GLSA to include sexual orientation in their non-discrimination policy. ASUN passed the policy but President Gerard Keating vetoed it and a veto override failed. Other senates took it up and passed a policy. As a result of that debate, several student organizations at UNL added sexual orientation to their constitutions (as a protected status). The Residence Hall Association (RHA) was one of the organizations doing so. In April of 1985, Margie Winn, COLAGE Chair, and Rodney Bell, UNL GALA Chair, asked ASUN to adopt a resolution asking the Board of Regents to adopt a resolution empowering ASUN President Bryan Hill to lobby the student senates at UNO and UNMC as well as the Faculty Senates at UNL, UNMC and UNO to add sexual orientation, marital status, and disability to sections 3.0 and 5.2 of the Regent by-laws.
  • The Faculty Senate adopted a resolution at UNL. AAUW-UNL Chapter also adopted a resolution in favor of non-discrimination.

■ 1988
• COLAGE (Committee Offering Lesbian and Gay Events) was denied funding by ASUN (COLAGE was a committee for UPC).

■ 1989
• UNL GALA (Gay and Lesbian Alumni/ae) incorporates as a non-profit organization.
• Homophobia Awareness Committee meets as an informal group.
• Lou Crompton retires from the English Department after 34 years. Professor Crompton also founded the Gay Caucus for Modern Languages.
• ASUN election survey indicates that 69% of students favor condom machines in the residence halls. ASUN proposed distributing condoms from the ASUN office but the bill fails.
• The Board of Regents passes a resolution that reads in part (as reported in the 1989 GALA Nebraskan):
  • “Be it resolved by the Board of Regents of the University of Nebraska that: 1. Students on each campus of the University of Nebraska shall be admitted and enjoy the programs and privileges of the University without regard to individual characteristics other than qualifications for admission, academic performance and conduct in accord with University policies and rules and laws applicable to student conduct. 2. Employees on each campus of the University of Nebraska shall be employed and equitably treated in regard to the terms and conditions of their employment without regard to individual characteristics other than qualification for employment, quality of performance of duties and conduct in regard to their employment in accord with University policies and rules and applicable law. Be it further resolved that this Resolution shall become a policy of the Board of Regents and shall be incorporated into the University Policy Manual.”

■ 1991
• Vern Williams meets with Dr. Griesen to discuss issues faced by Gay and Lesbian students at UNL and about the informal group of faculty, staff, and students who were meeting on a semi-regular basis to address these issues and to look into the extent of discrimination gay and lesbian students experience at UNL. Dr. Griesen officially appoints The Homophobia Awareness Committee with the primary purpose to promote a positive, inclusive environment for gay men and lesbians in the university community.

■ 1992
• Committee sends request to Chancellor Spanier for a Coordinator of Gay and Lesbian Concerns. Sexuality Education Coordinator position is created at the UHC in the Department of Community Health Education and Pat Tetreault is hired as the first and only person in this position.

■ 1993
• Can you tell which one is straight? Poster (joint project of GLSA and Affirmative Action & Diversity Programs Office)

■ 1994
• National Coming Out Day article in the Lincoln Journal Star.
• GLSA held a 20th anniversary banquet on April 9th at the Arbor Room in the East Campus Union. Lou Crompton, Eric Jolly, David Balkovac and Gwen Fischer were given awards for their work on behalf of lesbians and gays on campus.
• Tony D’Augelli is brought to campus with the assistance of the Chancellor and starts the CGLBTC annual Symposium Series, which brings a nationally known speaker to UNL to talk about LGBTQQA Issues.

▼ 1995
• Safe Space/ALLY Cards are developed for distribution at UNL by Pat Tetreault, Sexuality Education Coordinator and designed by John Whiteman. The cards were distributed by the Gay Lesbian Student Association on National Coming Out Day.

▼ 1996
• NU-wide benefits committee votes to deny domestic partner benefits to NU employees, tabling the topic until unspecified “financial, legal, and other issues have been resolved”. For a history of our ongoing struggle to obtain equitable benefits, visit www.unl.edu/cglbtc/www.unl.edu/cglbtc/.

▼ 1997
• Someone You Know student group organizes NCOD activities including chalking; anti-chalking occurs;
• First Graduate Assistant for LGBTQQA Students located in Student Involvement, after the Chancellor approves and funds the position at the request of (and with the documented need for the position) by the Committee on GLBT Concerns.
• UPC sponsors “Love makes a family” exhibit
• Allies against homophobia and heterosexism is a new student group on campus.

▼ 1998
• Matthew Shepard murdered in Wyoming
• Hate crimes based on sexual orientation and gender identity/expression is included as part of the then annual Take Back the Night march

▼ 1999
• In April ASUN introduces a bill to designate the group as an ally organization; bill passes. In their first action in 5 years, the ASUN student court ruled that the contested government bill did comply with student government by-laws.
• Gina Matkin and Pat Tetreault provide a “How to be an ALLY” Workshop in the Nebraska Union.

▼ 2000
• Abel passes safe space bill. Controversy results so the ALLY card is only posted on the Abel Residence Hall Association door rather than on all entrances to Abel.
• RHA passes bill declaring it a safe space.
• University Health Center Insurance includes domestic partner coverage for students.
• The first Chancellor’s Award for Outstanding Contributions to the LGBTQQA Community is awarded by Chancellor Moeser to Vern Williams.

▼ 2001
• 2001 ASUN approved a bill in April to acknowledge and comply with the university non-discrimination policy; a proposal to display an ALLY card was killed in April in the Human Rights committee. ASUN did declare itself an ALLY-friendly zone although only President Nathan Furst displayed a card in his office window. ASUN declared itself a safe space for Muslim students after the 9/11 attacks.
• NU-wide report on domestic partner benefits provided to the Board of Regents.
• Benefits denied.
• Human Rights Chain around the Capitol for Equal Rights for LGBTQQA people.

▼ 2002
• 2002 Campus Climate and Needs Assessment Study completed and made available on the CGLBTC web site.

▼ 2003
• LGBTQQA bulletin board vandalized for three times and replaced. New bulletin board on main floor provided (previously located on the 3rd floor)
• Part-time Assistant Director for LGBTQQA Programs & Services Student Involvement (SI) obtained via the work of the CGLBTC; D Moritz is hired.
• 1st LGBTQQA History Month dinner held at the Culture Center.
• UAAD educational panel on Domestic Partner Benefits held (the video is available for use from UAAD. http://uaad.unl.edu/)
• Student Award for contributions to the LGBTQQA community created and incorporated into the Student Impact Awards and the Chancellor’s Award recognition events

▼ 2004
• LGBTQQA Teach-in; ASUN adds more groups to non-discrimination by-law (agreeing to add gender identity/expression);
• 2005
  • 10 Year Anniversary of ALLY Cards at UNL. A week of programming takes place, including the display of a “giant” safe space ally card that individuals can sign. The ALLY Listserv is created. The signed “card” now hangs in the LGBTQ+ Resource Center at UNL.
  • A UNL LGBTQ+ History is developed and displayed by Pat Tetreault, Sexuality Education Coordinator, as part of the 10 year anniversary and in honor of LGBT History Month.

• 2006
  • The 54th Nebraska Annual Symposium on Contemporary Perspectives on Lesbian, Gay and Bisexual Identities, Volume Editor and Conference Organizer: Debra A. Hope, Ph.D.
  • UNL began offering a minor in LGBTQ/Sexuality Studies minor at the start of the fall semester – the program is one of the first of its kind in the Midwest.

• 2007
  • ASUN passes three resolutions to support LGBTQ+ students at UNL by directing the campus life committee to work collaboratively to establish a roommate re-assignment process for LGBTQI students that is more expeditious and confidential than the current process; to encourage housing to provide information to Residence Life staff about housing options for transgender and intersex students living on campus; and to create the Ad Hoc Committee, Employee + 1 benefits, in its research efforts to explore employee + 1 benefits that have been explored or implemented and report back to the Senate at its first Spring 2008 meeting.
  • 5th Annual History Month Dinner conducted in partnership with the Lied Center for the Performing Arts. Tim Miller is brought in by the Lied for a 2 week residency and keynote speaker at the Dinner. Tim Miller provided performances, campus and community visits, and a workshop developed at the workshop – educational and entertaining events with the largest number of participants – both campus and community - to date.
  • The LGBTQQA Assistant Director position in Student Involvement becomes a full-time position and the LGBTQQA Resource Center opens in the fall in NU 342. Pat Tetreault is hired for the full-time position and serves as the founding Director of the newly established resource center.

• 2008
  • The 6th annual LGBTQQA History Month dinner theme is Intersecting Identities. The dinner is held at the Lied Center for Performing Arts with Dorothy Allison as keynote speaker. The dinner sponsors are the Committee on GLBT Concerns, LGBTQ/Sexuality Studies Minor and LGBTQQA Programs, Services and Resource Center.
  • Safe space ally cards are updated to reflect a social justice approach and clarify the distinction between safe space provision and being an ally, resulting in two distinct cards: Safe Space (equitable access, dignity and safety in regards to programming and services) and ALLY (a personal commitment to be pro-LGBTQA+ and actively committed to diversity and inclusion for all people of all sexual orientations and gender identities/expression).
  • The 7th annual LGBTQQA History Month Dinner is held at the Cornhusker Marriott Hotel with keynote speaker Nathaniel Frank, author of Unfriendly Fire: How the Ban Undermines the Military and Weakens America.
  • Outlinc, Lincoln’s LGBT Community Organization is started.

• 2009
  • The first Lavender Graduation is held at the Nebraska Union.
  • Louis Crompton, longtime LGBT Advocate at UNL, dies and is survived by his partner/husband of 40 years. The Louis Crompton Scholarship is established in his name.
  • The 7th annual LGBTQQA History Month Dinner is held at the Cornhusker Marriott Hotel with keynote speaker Nathaniel Frank, author of Unfriendly Fire: How the Ban Undermines the Military and Weakens America.
  • Outlinc, Lincoln’s LGBT Community Organization is started.

• 2010
  • The second annual Lavender Graduation is held at the Nebraska Union.
  • The first class on Applying Social Justice to LGBTQQA Programs & Services is taught by Pat Tetreault. The class will be offered every other spring. The class organizes an open mic night with the Equality Tour who are in Lincoln for a stop at Union College. The students also organize a showing of the documentary about Soulforce’s Equality Riders at the Ross Theatre.
  • The LGBTQQA Resource Center moves from one room (342 NU with the Director’s office on the second floor) to a three room suite (345 NU), that includes space for the Director’s office, a library room, and a reception and “hang out” space. It is painted a lovely lavender with a rainbow on the west wall.
  • David Csontos, playwrite and UNL Staff member writes and directs two original plays for UNL that are sponsored by the LGBTQQA Resource Center, “My Night with Rock Hudson” and “My Imaginary Friend”. David also directs Sprinkles, an original play written by David Houck for production at UNL.
  • The Art of Safe Space and Ally contest and Display is held in the Rotunda Gallery, the result of a student project by Andrew Lim with assistance from the Resource Center.
  • The UNL non-discrimination policy is updated:
    • It is the policy of the University of Nebraska-Lincoln not to discriminate based upon age, race, ethnicity, color, national origin, gender, sex, pregnancy, disability, sexual orientation, genetic information, veteran’s status, marital status, religion or political affiliation.
**2011**

- The Prairie Pride Film Festival is produced by Allies and Advocates for GLBT Equality at the Law College with assistance from the LGBTQ+ Resource Center. Held at the Joya Theatre in Havelock.
- Employee + 1 Benefits Campaign is coordinated by the Committee for GLBT Concerns and assisted by a grant from Campus Progress, obtained by Emily Schlichting.
- David Csontos writes and directs “The God Show”, with the production sponsored by the LGBTQ+ Resource Center.
- The third annual Lavender Graduation and Advocate Appreciation is combined with the Chancellor’s Award for Outstanding Contributions to the GLBT Community Reception with Robyn Ochs as keynote speaker.
- Robyn Ochs provides a variety of presentations and class visits April 20 – 22.
- The Human Rights Campaign participates in Big Red Welcome weekend! UNL is one of the stops for the HRC Equality Bus Tour and will have their bus and information at Party at the Union on Saturday, August 20th and at the BRW Street Fair on Sunday, August 21st.
- NUTR230 for Peer LGBTQ+ Educators will be taught for the first time in the fall.
- Ryan Lowry and Mitch Lee enter and win the Lincoln Journal Star Ultimate Wedding Giveaway!

**2012**

- The 10th anniversary of the LGBTQ+ History Month Dinner and the 5th birthday of the LGBTQ+ Resource Center! Seventeen years of safe space and ally cards at UNL. The LGBTQ+ Resource Center moves to 346 Nebraska Union, the largest and most visible space during its history. The “new” space is also painted lavender with a rainbow on the south wall of the center, which continues to be a place for visitors to sign.
- In April of 2012, the UNL non-discrimination policy is updated and gender is now listed as gender identity.
- Lavender Graduation and the Chancellor’s Award for Outstanding Contributions to the GLBT Community are combined into one event.
- Employee +1 Benefits are approved by the Board of Regents and will be implemented in January of 2013.

**2013**

- Employee +1 (domestic partner benefits) are implemented at the University of Nebraska. Locally, a fairness ordinance is passed in Omaha. A Fairness Ordinance for Lincoln is approved by the City Council but a petition is started, which achieves enough signatures to put the ordinance on the ballot for approval by the city’s voting public. It is unknown when the vote may be held.
- Stacie Schultz, a UNL Alum, is the first alum to serve as keynote at Lavender Graduation.

**2014**

- Bishop Gene Robinson, the first openly gay Episcopal Bishop, is in Lincoln to provide a talk at First Plymouth Church. Corrie Svehla tapes brief remarks by Bishop Robinson to show at our annual Lavender Graduation.

**2015**

- Gender Inclusive Housing Option becomes available in the fall. Eric Lueshen, Ph.D., the first known out gay football player at UNL, returns to UNL to provide the keynote at Lavender Graduation.

**2016**

- Precious Davis, alum, provides the keynote at Lavender Graduation. Eric Luesen is invited as one of the speakers for the Husker Athletic Diversity Summit. UNL is one of the first three university athletic programs to join LGBT SportSafe.
- The LGBTQ+ Center hosts the Consortium for LGBT Resource Professionals in Higher Education for a daylong Institute on July 22, 2016. The Consortium Board also meets after the institute.

**2017**

- Scott Schneider, Alum from UNL, is keynote at Lavender Graduation.
- The LGBTQ+ Center joined with six other LGBT Community Organizations (PFLAG Lincoln, Outlinc, Star City Pride, VERGE, Common Root, and Plymouth Pride) to sponsor the Pulse Tribute Tour. An exhibit by James Nocito’s exhibit, “Orlando: 49 Farolitos. The exhibit started at the Nebraska Union with an opening ceremony, went to The Alley, Panic, First Plymouth, Fall for Pride, the Nebraska Union, and the Unitarian Church.
- 2017 is the 10th birthday/anniversary of the opening of the LGBTQ+ Center, the 15th annual LGBTQ+ History Month Dinner (Ryan Sallans, keynote), and the 5th annual being the change awards. This year’s recipients were PFLAG Lincoln; and State Senators Patty Pansing Brooks and Adam Morfeld.
Annual LGBTQA History Month Dinners

- **2003**
  1st LGBTQA History Month dinner held at the Culture Center. Speaker: James Griesen, Vice Chancellor of Student Affairs

- **2004**
  Annual LGBTQA History Month dinner held in the Nebraska Union on the University of Nebraska–Lincoln campus. Keynote speaker: Kris Gandara, slam poet

- **2005**
  LGBTQA History Month dinner held in the Nebraska Union. Speakers: Amelia Montes as keynote speaker; Kris Gandara, slam poet

- **2006**
  LGBTQA History Month dinner held in the Nebraska Union. Keynote speaker: Fr. Don Hanway

- **2007**
  Annual LGBTQA History Month Dinner conducted in partnership with the Lied Center for the Performing Arts. Tim Miller is brought in by the Lied for a 2 week residency and keynote speaker at the Dinner.

- **2008**
  LGBTQA History Month Dinner held in the Lied Center for the Performing Arts. Keynote speaker: Dorothy Allison

- **2009**
  LGBTQA History Month Dinner held at the Cornhusker Hotel. Keynote speaker: Nathaniel Frank

- **2010**
  Annual LGBTQA History Month Dinner held at Embassy Suites Hotel. Keynote speaker: Jewel Gomez

- **2011**
  Annual LGBTQA History Month Dinner will be held at Embassy Suites Hotel. Speaker: Sarah Schulman

- **2012**
  LGBTQA History Month Dinner is held at the Cornhusker Hotel. With Sharon Groves, Human Rights Campaign Faith and Religion Outreach Director. Poetry by Stacey Waite and music by Vince Learned. A pre-dinner social is sponsored by OutLinc.

- **2013**
  Kit Yan, Asian American Trans Slam Poet is the keynote speaker at the 11th annual history month dinner. Kit also conducts a writing and speaking workshop and performs during the week prior to the dinner. Other speakers during the month include Eric Alva, and Hudson Taylor.

- **2014**
  Gloria Bigelow, comic, author and teacher, is the keynote speaker at the 12th annual history month dinner. Gloria also conducted a workshop on writing jokes the day before the dinner.

- **2015**
  Keynote speaker: State Senator Adam Morfeld

- **2016**
  Keynote speaker: Jericho Brown

- **2017**
  Keynote speaker: Ryan Sallans

**Some Acronyms:**

- LGBTQ = Lesbian, Gay, Bisexual, Transgender, Queer/Questioning
- LGBTQA+ = LGBTQ, Asexual, Ally and Advocate and other identities (+)
- GLSA = Gay, Lesbian Student Association
- UAAD = University Association for Administrative Development
- CGLBTC = Committee on Gay, Lesbian, Bisexual & Transgender Concerns
- ASUN = Association of Students of the University of NE
- UPC = University Program Council
- RHA = Residence Hall Association

Information was compiled by Pat Tetreault from minutes, files, personal communication, and articles. Research of the Daily Nebraskan archives was conducted by Jacy Ferris. The information included is not an exhaustive history and is accurate to the best of our knowledge.

Do you have historical information relevant to the UNL timeline? We would appreciate hearing from you. Please email any information or comments to ptreault1@unl.edu.
LGBTQA+ Terminology

Please note that each person who uses any or all of these terms does so in a unique way (especially terms that are used in the context of an identity label). Asking people for further information or clarification about the way in which they use the terms is encouraged. This is especially recommended when using terms which we have noted that can have a derogatory connotation.

Any questions on specific definitions can be directed to the LGBTQA+ Resource Center Resource Coordinator at lgbtqa.library@unl.edu.

Ally – An individual who confronts privilege and inequity on a personal and institutional level.
Aromantic – Someone who does not experience romantic attraction to other people. Can also be shortened to “aro.”
Asexual – The sexual orientation of those who do not experience sexual attraction to other people. Can also be shortened to “ace.”
Biological Sex – A medical determination based on someone’s chromosomes, internal and/or external genitalia. Usually, a judgment is made based on the external genitalia at birth, known as a “sex assigned at birth.”
Bisexual – The romantic and/or sexual orientation of those who are attracted to people of multiple genders. Can also be shortened to “bi.”
Cisgender – Someone who identifies with the gender they were assigned at birth. Can also be shortened to “cis;” for example, a cis woman is someone who was assigned female at birth, and whose gender identity is also female.
Closed/Closing Out – Someone “in the closet” is someone who is not open to others about their sexuality or gender identity. “Coming out of the closet” is when someone who was previously closeted now expresses their sexuality or gender identity to other people.
Gay – A man who is romantically and/or sexually attracted to other men.
Gender – A person’s psychological sense of being masculine, feminine, androgynous, or something else outside this gender binary. This gender identity does not necessarily have to coincide with someone’s gender expression, or how someone uses their behaviors, dress, etc. to present themselves in a particular gendered way.
Gender Non-Conforming – A description for those who do not adhere to the roles, presentation, and expectations of their gender.
Heterosexual – The romantic and/or sexual orientation of those who are attracted to people of a different gender from themselves.
Homophobia – Hatred, fear, and/or institutionalized oppression of those who are LGBTQA+.
Intersex – A person who was unable to be categorized as male or female at birth, due to genital, chromosomal, hormonal, and/or other natural bodily variations that deviate from a binary view of sex.
Lesbian – A woman who is romantically and/or sexually attracted to other women.
Non-Binary – A person who does not identify as a man or woman, or otherwise identifies as a gender outside of the gender binary.
Pansexual – The romantic and/or sexual orientation of those who are attracted to people regardless of their gender. Can also be shortened to “pan.”
Queer – A word that is alternatively used as an umbrella term for anyone who is LGBTQA+, a term for those who do not identify as heterosexual or cisgender but do not identify explicitly with another term included in LGBTQA+, and a slur used against LGBTQA+ people. Because not everyone is comfortable reclaiming a slur for describing themselves or the LGBTQA+ community, gauging an individual’s comfort with the term is important.
Questioning – Someone who is not sure of their sexual orientation or gender identity.
Sexual Orientation – A desire for intimate romantic and/or sexual connections with an individual depending on that individual’s sex or gender.
Transgender – Someone who does not identify with the gender they were assigned to at birth. Can also be shortened to “trans;” for example, a trans woman is someone who was assigned male at birth, but whose gender identity is female.
COMMUNITY RESOURCES

Appendix

COMMUNITY RESOURCES

As a user of this guide, you are not alone!

COMMUNITY EMERGENCY RESOURCES

LGBTQA+-in Nebraska is often used to describe the diverse community of people who are not heterosexual and cisgender.

Lesbian: A woman who is romantically and/or sexually attracted to other women.

Gay: A man who is romantically and/or sexually attracted to other men.

Bisexual: The romantic and/or sexual orientation of those who are attracted to people of multiple genders.

Pansexual: The romantic and/or sexual orientation of those who are attracted to people regardless of their gender.

Transgender: Someone who does not identify with the gender they were assigned to at birth.

Queer: A term for those who do not identify as heterosexual or cisgender but do not identify explicitly with another term included in LGBTQA+.

Aromantic: Someone who does not experience romantic attraction to other people.

Heterosexual: The romantic and/or sexual orientation of those who are attracted to people of a different gender from themselves.

Cisgender: Someone who identifies with the gender they were assigned at birth.

COMMUNITY EMERGENCY RESOURCES

LGBTQA+-people have the same rights to safety as heterosexual people. If you or someone else needs emergency police or medical assistance, call 911.

Lincoln Police Department LGBT Liaison
Captain Martin Feiring
402-441-7532

Nebraska AIDS Project
nap.org
402-476-1002
1120 K Street, Suite 100
Provides free, confidential, and anonymous HIV testing

Safe Places
Any building with a large, yellow sign that says SAFE PLACE can provide emergency shelter for up to three days. These are found at Hy-Vees, certain gas stations, and fire stations. Note that we cannot guarantee that the staff working at these locations are LGBT-knowledgeable.

The Trevor Project
the-trevor-project.org
1-866-488-7386
LGBT suicide prevention resource.

Voices of Hope
Non-Emergency Line: 402-476-7773
Crisis Line: 402-476-2110
voicesofhope@lincoln.org

Services for individuals who have been sexually assaulted or experience relationship violence.

Community Groups
Volunteer non-profit organizations in the community provide support, education, advocacy, and/or activities for the LGBTQA+ community.

OUTLINE: Lincoln's LGBT Community Group
http://www.outem.org/

• PFLAG-Lincoln: Parents, Families, Friends and Allies United with LGBT People to Move Equality Forward
  http://pflagofthecover.org/
  – Meets monthly on the 4th Tuesday at the Unitarian Church, 63rd & A Street. Lincoln. Meeting starts at 7 pm.
  – Potluck on the 4th Friday of the month at the Unitarian Church, followed by the Unitarian LGBT Welcoming Committee game night.

• Parents of Gender Fluid Kids Support Group:
  parentsoutofkids@gmail.com

NEBRASKA–LINCOLN
UNIVERSITY OF NEBRASKA–LINCOLN CAMPUS RESOURCES

LGBTQA+-Resource Center
340 Nebraska Union
402-472-1652
lightboxunl.edu
involved.unl.edu/lightbox

Student Organizations
• Free Change
• Spectrum LINL
• LGBTQA+-Peer Mentor Program
• ASTEM/LINL
• Allies & Advocates for LGBT Equality at the Law College

Facebook Groups
• UNL LGBTQA+-Grad and Non-Trad Student Group
• UNL LGBTQA+ Alumni

University Health Center
402-472-5000
Provides free HIV testing, safer sex supply kits, and transgender health services.

Bias Information at UNL & TIPS Reporting
bias.unl.edu

UNL Police Department Liaisons
Beth Hagemeyer, CSO
Sgt. Doug Peterson
402-472-2222
Call 911 if it is an emergency.

1120 K Street, Suite 100
nap.org
Nebraska AIDS Project
Captain Martin Fehringer
Lincoln Police Department LGBT Liaison
402-472-1652

The University of Nebraska does not discriminate based upon any protected status. Please see go.unl.edu/nondiscrimination

A Service of the Division of Student Affairs

Updated January 2018

If you are LGBTQA+, or are questioning your sexuality or gender, you are not alone!

The Gender Unicorn

COMMUNITY GROUPS

OUTLINE: Lincoln's LGBT Community Group
http://www.outem.org/

• PFLAG-Lincoln: Parents, Families, Friends and Allies United with LGBT People to Move Equality Forward
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• Parents of Gender Fluid Kids Support Group:
  parentsoutofkids@gmail.com

FAITH-BASED COMMUNITY GROUPS

First Plymouth: 20th & 2nd Street, 402.476.7563
Plymouth Pride: http://www.firstplymouth.org/Pages/prideindex.html

Unitarian Universalist: 402.483.3213; 63 & A Street
http://www.unitarianlincoln.org/committees/LGBTWelcoming

Vine Congregation Unity Church: VERGE
1800 Twin Ridge Road, 402.483.4781
http://vineucc.org/verge/

Ensuring your safety involves the things you do (or do not do) and the things the people closest to you do (or do not do).
Pronoun Guide

Pronouns can seem tricky, but once you see them in use, it’s easy to get the hang of. The following are some of the most commonly used pronouns:

<table>
<thead>
<tr>
<th>Pronoun</th>
<th>Nominative (subject)</th>
<th>Possessive (object)</th>
<th>Objective (subject)</th>
<th>Reflexive</th>
</tr>
</thead>
<tbody>
<tr>
<td>he</td>
<td>he</td>
<td>his shoes</td>
<td>I love him</td>
<td>he likes</td>
</tr>
<tr>
<td>she</td>
<td>she</td>
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<td>they like</td>
</tr>
<tr>
<td>ze</td>
<td>ze</td>
<td>ze/their shoes</td>
<td>I love ze</td>
<td>ze likes</td>
</tr>
</tbody>
</table>

Have more pronoun questions? Check out mypronouns.org.

Additional Resources
- National Center for Trans Equality
  www.transequality.org
- GLAAD
  www.glaad.org/transgender/allies
- Transgender Student Educational Resources (TSER)
  www.transstudent.org/gender
- TransWhat?
  transwhat.org/allyship/
- UNL’s LGBTQA+ Resource Center Trans Guide
  rm346.involved.unl.edu/resources#transguide

Do...

When someone comes out,
- Ask trans people when they first come out how they want you to refer to them in different situations. They may not have come out to everyone.
- Keep a person’s sexual/romantic orientation & gender identity private, unless told otherwise.
- Apologize and correct yourself if you accidentally use the wrong name/pronouns.
- Treat trans people fairly, like you would anyone else.
- Be patient if someone is questioning their gender identity. This may involve experimentation with clothing, names, and pronouns.

Become an advocate!
- Stay up-to-date with issues impacting the trans community.
- Correct transphobic statements.
- Advocate for trans equality and accessibility (ex: petitioning for gender inclusive restrooms and changing facilities, contacting legislators to express support/disapproval of bills that affect trans people).
- Create a visibly welcoming environment for trans people (ex: put a Safe Space or Ally card up on your door/window, introduce yourself with your pronouns).
- Listen to and support trans people & their stories.

Don’t...

- Out someone without their permission, it may put them at risk.
- Ask someone why they are or are not transitioning. Not all trans people can or want to transition, but their gender is still valid.
- Assume that all trans people experience the same things or think the same way.
- Use the term “transsexual” (which is largely outdated) unless someone says they identify with it.
- Assume gender presentation and gender identity must align. People don’t always dress in the stereotypical manner of their gender.

Vocabulary
This is not a comprehensive list of terms you should know, but enough to get you started:

- Trans: short for transgender. An umbrella term for anyone who does not identify with their gender assigned at birth.
- Cis: short for cisgender. Someone who identifies with their gender assigned at birth.
- Gender identity: the gender someone feels they are.
- Gender expression/presentation: how someone expresses their gender (may not align with stereotypes). This is clothes, speech patterns, body language.
- DFAB/AFAB: Designated/Assigned Female at Birth.
- DMAB/AMAB: Designated/Assigned Male at Birth.
- Trans man/FTM: AFAB person who identifies as male.
- Trans woman/MTF: AMAB person who identifies as female.
- Non-binary/Genderqueer: someone who does not identify with the binary male or female.
- Gender-fluid: someone whose gender identity is fluid and changes over time.
- Agender: someone who does not identify with a gender.
- Transitioning: the medical and social process of being perceived as a certain gender and making oneself comfortable in their body. May include hormones or surgery, dressing differently, or legal name or gender change.

Art by Olivia Hines