



USING THE UNIVERSITY HEALTH CENTER

It's important to know that when accessing the University Health Center for medical care, you'll be asked to identify your biological sex as either male or female. This is required by insurance companies and electronic health record systems.

You may also choose to identify your preferred name, pronouns and gender identity, which will be entered into your medical record so that staff at the University Health Center can correctly and respectfully address you.



OUR GENDER NEUTRAL BATHROOMS ARE LOCATED:

First floor in room 135 on the way to
the specialty waiting area

Second floor across from room 209



UNL STUDENT INSURANCE COVERAGE

The University of Nebraska StudentBlue student health insurance plan provides coverage for many transgender-related healthcare services, including hormones therapy and surgical care. *StudentBlue coverage is \$75,000 for surgery and related covered services, while the student is enrolled in StudentBlue.*

For more information about StudentBlue, visit:

health.unl.edu/studentblue

You can also call or visit the University Health Center to speak one-on-one with one of our insurance representatives.

University Health Center Insurance Office

402-472-7435

Open Monday-Friday from 8AM to 5PM



TRANSGENDER-RELATED HEALTHCARE SERVICES

PROVIDED BY THE UNIVERSITY HEALTH CENTER



The University Health Center strives to provide the best possible care for all students, regardless of their gender identity or expression.

Most general healthcare services for transgender students are no different than for any other student. However, we recognize that some transgender students may have specialized health care needs or face additional barriers in accessing health care.

We are dedicated to helping you get the healthcare services you need in a respectful and comfortable environment. In order to achieve this, there are some services that we provide and some services that we refer out to a community provider with greater training or expertise.

James Guest, M.D.
University Health Center Director



Routine Acute & Preventative Health Care

Office visits for injury or illness
Wellness exams, physicals, annual exams, pap smears
STI/HIV testing



Laboratory Services

Ordered by either University Health Center or
Non-University Health Center providers



Mental Health Services

Individual & Relationship Counseling
Therapy & Support Groups



Filling Hormone Prescriptions

Transgender-related healthcare services referred out include initiating and monitoring hormone therapy; filling compound hormone prescriptions; and surgical care.



University Health Center | 1500 U Street | 402-472-5000 | health.unl.edu



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